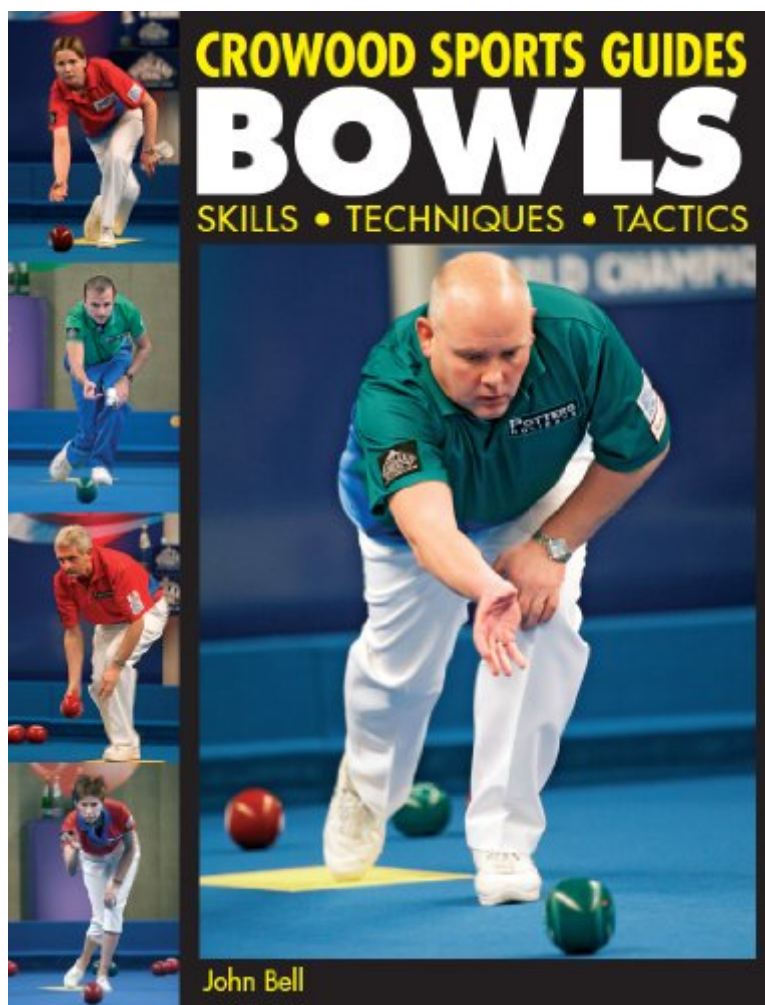


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# BOWLS: Skills, Techniques, Tactics (Crowood Sports Guides)



## Synopsis

Featured in this book are: Valuable advice on practice, skills, techniques, team spirit, self-control and all aspects of playing bowls Photographs of top players in action Information boxes containing Key Points and Useful Tips Sequence photographs and detailed diagrams in colour Introduction to rules and equipment

## Book Information

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## Customer Reviews

A very good book for beginners. I found it covered the basics quite well (e.g. grip, practice etc) and also acquiring the right mindset for this game. Will refer back to this useful reference guide in the future.

great information for the beginner in Bowls

have found this a very useful coaching tool. Very useful to get into the zone and reminds you of the things you need to reflect on before a game GREAT

The book is well done and informative. I received the book in a timely manner. No complaints. You really ought to try lawn bowling--sort of fun.

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